The 25 Deadly ‘Relationship Killer’ Mistakes That Women Make Around Their Men
If you could get inside of a man’s head, and could have him be brutally honest, about the things that you are doing, that either kill the attraction he has for you, ruin the potential of the relationship, or completely destroy a man’s ability to be with you, you’d probably hear MORE than a laundry list of dirty deeds that you’ve committed around your man.

Keep in mind, that most men don’t actually want to tell you what they really think about you, because they feel that such a level of brutal honesty, brings no good in the relationship.

But obviously, there are going to be things that you should know, must know, and NEED to know, when it comes to your relationship, and your man. Those are the very same things that your man never tells you.

Why do men avoid being brutally honest, where they need to, in a relationship?

Well, some men, would never do that, because they think that it’d cause a huge argument, but many men also don’t want to truly hurt your feelings either. So really, a huge chunk of this boils down to men ultimately being emotional chickens, and ‘scaredy cats’, too afraid to get their feet wet.

Thankfully for you, you no longer have to worry about struggling to get real answers and feedback about your relationship, from a guy, because this report has been created precisely for you, to take all of the guesswork out of the game.

Now I mentioned that men are emotional scardey cats, just a moment ago, but I want to explain why this is true.
Men, you see, are born to naturally love, and pride themselves on their ability to use rational logic, when they experience the world. This means that they aren’t really creatures of emotions.

If I was to be brutally honest with you, in fact, this means that men are actually almost clueless when it comes to the emotionally logic realm. Emotions in a man’s hand, are like knives in the hands of a baby. It just doesn’t turn out too good.

Why is that?

Well again, men are simply just not programmed to really be emotional, understand ‘emotional’, or to express ‘emotional’. That’s just not how things work inside a man’s core, or his mind.

So how do things work inside a guy’s mind?

Well that’s exactly what this report is going to help show you, because it’s going to break down the 25 Deadliest Mistakes that women make in their relationships, around their men, in the same format, that men wish they could talk to you in.

What format is that?

Well it’s the rationally logical format.

Rationally logic, in this case, means that we take emotions out of the mix, and just shoot straight to the main point, which is exactly what you need to do, if you are actually having any relationship troubles, or if you want to avoid relationship problems with a man!
So this is where I want you to brace yourself for an intense slurry of rationally logical realities, when it comes to some of the deadliest mistakes you could be, or are making in your relationship.

I want you to know, however, before I reveal these 25 brutally honest realities to you, that you should not go into this, looking for some kind of a guilt trip, blame game, or worse.

You see, I don’t want you to take anything which you are about to hear, on a personal level.

All of the things which you are about to hear, are FIXABLE, which I why I don’t want you to come in and take it personally. Remember that what you DO, does not define who you are. Your actions are only a tiny fragment of your whole, as an individual.

Actions can be fixed, altered, changed, upgraded and more.

So as you go into the 25 Deadliest Mistakes, I want you to keep an open mind, and try not to blame yourself, or guilt trip yourself too much, because a lot of these things can be changed, and are fixable.

None of them are written in stone, so to speak, as long as you take the right course of action, after, to mend the problem, or prevent it in your future, you will be MORE than fine.

This report, therefore, should be used as a guideline into AVOIDING and FIXING the realities I am about to reveal to you, in your own relationship.

Keep in mind, again that the level of honesty in this report, is designed to help you have a better future, and although some of the points here may hurt you, take note if you are actually doing some of the things therein.
A main theme of a lot of these behaviours is that not only do you hurt your relationship, and your man with some of these points, but you also hurt yourself, with EVERY SINGLE one. So it’s not just your man, or your relationship that suffer anymore either.

It’s you, who suffers as well. If you find that you are guilty of some of the points here, I want you to remember that doing these things only hurts YOU the most, because you are the one who has to suffer the consequences of the reality of some of these mistakes.

But mistakes, again, are fixable, as long as you take the right course of action.

So as you read through the 25 points, I want you to think of ways, that you know of, to improve upon these realities, if you find that you are doing some of them, so that when you are finished this report, you have a CLEAR course of action, as to what to do, how to do it, and know how to apply that immediately after.

Remember that you cannot stop a problem, unless you know one exists, and then secondly acknowledge and accept that it does in the first place. This report is the first step into helping you do that, and the second step, is where you take action to change the situation.

Part of taking that action, means that you must therefore assess your own situation, to see where it is that you are making some of these 25 Deadliest Mistakes, and to therefore make an action plan, in that assessment as to what to do, instead of making those mistakes from here on out.

It all comes down to one simple thing, at the end of the day: sometimes you have to break a few eggs, to make an omelette.
Sometimes, you also have to break certain patterns, habits, belief systems, if you want to make your relationship work, and if you want to make your relationship sustainable.

Doing that, means that you have to start looking into what is going wrong again, but it also means that you have to be willing to do something about it. So once more, I want you, to make notes as you go through the 25 Deadliest Mistakes points, to first recognize where you are going wrong, and then to recognize what you can do, to rectify the situation.

Put the plan that you create to use immediately after this. The sooner the better. Please do not sit on that plan, or wait for the ‘right time’ to do it. There is no better time than now, so without further ado, here are the 25 Deadliest “Relationship Killer” mistakes that women make:

**Deadly Mistake #1: Trying to OVERTALK Your Man**-
What does ‘overtalking’ mean? Well, it means that you basically try to talk over anything your man is saying. This usually appears as you cutting him off, when he is trying to say something. Ultimately what it means, is that you either:

A) Never let him finish his sentences.
B) Jump to conclusions, and therefore finish his sentences for him, or
C) Prioritize the importance of what you want to say, above what he is saying, and therefore cut him off.

Obviously you would be annoyed if your man started doing this to you, but the major problem here, is not that you are cutting him off. Sure that is rude, but this behaviour extended over a period of time, starts to make a man feel disrespected, and makes a man wonder if you even want to hear what he has to say at all, or if you just want to hear yourself talk.
Be careful of **overtalking**, therefore, too much in your relationship. Try learning to take pauses, to allow your man to finish an entire topic, by resisting the urge to bring up all of your thoughts and ideas, into the mix, from time to time. Sometimes he just needs you to listen, and hear him out, without interruption as well, just like you need him to do that.

**Deadly Mistake #2: Trying to Change Him** - Do you know what’s strange to a guy, when he gets into a relationship with a woman who chose to be with him? What’s strange to a guy, is when you get into a relationship with him, yet want to change him. It really baffles men, when women do this, because it’s basically an intense form of rejection.

It’s basically like saying “hey, I like you, and want to be with you, but I actually need you to be somebody else, to love you.” Does that sound like true love to you?

Again, coming in from a logical approach here, you wouldn’t appreciate it if a guy started trying to change you, after he just indicated that he wanted to be with you, or liked you as you were.

Now granted, we **ALL** have things that we should improve upon, our fundamental core, that makes us the individual that we are, still remains mostly the same.

The key here, therefore, is that when you get into a relationship, and you **SEE** a man’s flaws, you either accept that, or you don’t get into a relationship with that man. There is no in-betweenland here wherein you can just take a guy, and pretend temporarily that you can manage his flaws, only to come back later, demanding that he change who he is, fundamentally.

That’s not how it works. Remember that you can only ask for improvement, but you can’t demand it. Everything else, you must accept
then, otherwise you will always just be fighting in, and in turn will be fighting who your man is as a person all the time. That’s no fun for him, and it’s definitely no fun for you either.

**Deadly Mistake #3: Trying to Be The “Know-It-All”**- You come into everything as if all of your ideas are smarter, better, and that’s it. You know it all. You know best. You are extremely smart. You guy gets it.

You are enthusiastic about things, but you shouldn’t be SO enthusiastic about what you know, and how you know it, to such a point where you start coming in trying to tell your man how he should do **EVERYTHING**, every single time he does **ANYTHING**.

It’s basically like calling your man stupid, and assuming that your man can’t figure things out himself, doesn’t know himself, and so forth.

If you do this, the simple solution here, is to stop trying to tell your man how to do things, and to stop trying to pigeon hole him into only doing things your way, every single time. There’s a reason why your man has his OWN ways of doing things. Even if you don’t always agree with this ways, you don’t have to, but you do have to be respectful of those ways, because they work for your MAN.

They don’t have to work for you, they have to work for HIM. Remember that your ways might not work for him, and trying to push them on him always, makes you come across as a nasty ‘know-it-all’ and control freak.

**Deadly Mistake #4: Trying TOO Hard To Get A Man’s Approval**- This just reeks of desperation. If it didn’t reek of desperation before, it should now, because there is no greater turn off, than a woman who seeks a man’s approval to extreme levels. You must be able to seek some external validation OUTSIDE of your man. You cannot expect him to come in and solely validate everything about you as a human being.
That’s an extreme expectation, and it really turns men off, especially when this attitude is dragged on into a relationship. It means that a man is always forced to validate your self image, your ego, your feeling of self-worth, your opinions, and everything else too. Guys hate having to approve everything, before you can even do something.

They hate having to approve your likes or dislikes, because you are too shy, or are too much of a pushover to just stick to your own tastes, and likes, instead.

They hate having to invalidate your insecurities every step of the way, as you try to work out if you are attractive enough, smart enough, nice enough etc...

It’s not his job to answer all of those questions for you, all of the time. That’s emotionally taxing to a guy, and is a real attraction buzz kill as it means you really have no self-confidence. A man cannot be confident enough for the BOTH of you. Just remember that.

**Deadly Mistake #5: Living In A Black And White World**- This means that you go to extremes either way, and don’t allow any room for any grey areas, because everything has to be either black or white. Your man either loves you, or he hates you.

That’s how you frame it, each and every single time, so you are either against him, or you are for him as well. When you are mad, you hate him. But when you are happy, you love him to death.

This level of extreme makes living with you, dealing with you, and handling you almost impossible in a man’s world, because it’s extremely polarizing.
He doesn’t know which side of the coin he will end up with from day to day, as you flip from heads to tails, in your own relationship, due to your black and white level of thinking. It is not the ‘end all’ or ‘be all’ kind of a reality. Allow room for mistakes, or imperfections. Let some grey areas come in. If you don’t you will seem to be too rigid to your man, and he will feel trapped and caged, in his own relationship.

**Deadly Mistake #6: Freakishly Chasing After A Guy So Hard** - If he has a boundary, you definitely have broken it. You call him intensely. You push yourself on him, as you try to rush the ‘love’ to an almost atomic level of speed and power. You tell the guy over and over how much you love him, you cannot stop thinking about him, and you repeat just how badly you want to be with him.

You consume yourself with every waking moment, with ideas, thoughts, and fantasies about this guy, that you make certain are very clear to him. He could literally be ignoring you or avoiding you even, but yet you still come in with an intense love interest, even more powerful than before.

A guy could even be ignoring you, but you know that you are meant to be together, so you completely ignore that fact, except to further call him more, just to make sure he can’t leave you.

This is not acceptable behaviour, and is borderline scary, if not freakishly obsessive.

If you find yourself clinging to a man for dear life, in ways that overtake your normal priorities, thought patterns, or basic needs, to a level where you have now replaced all of those things with the idea of a man, then you are becoming far too obsessive and need to back off. Obsessive love is extremely toxic and dangerous, because it doesn’t love the person, but rather loves the IDEA of that person.
If you are guilty of this, you need to take a step back, because it will completely RUIN the potential of any relationship with a man, due to its intense disregard for any logic, or boundaries. Honestly speaking, a guy can’t even ATTEMPT to do much with this, except run away.

If you are a passionate person, try to drip feed that passion slowly, over a period of time, instead of therefore dumping your excitement and dreams onto the guy heavily, all at once. Tone that down!

**Deadly Mistake #7: Creating A Question Pressure Cooker**—This is when you come in, guns blazing, ready to shoot up your relationship space, with a heavy loaded question. This means, that you came in with an extremely intense question, that was designed to test your man, and was designed to pressure your man into some reality, by answering you.

Ultimately, this has your man ducking for cover, as he feels like you are quite literally aiming a gun at his head, as you ask him to give you something. He doesn’t know anymore whether answering you will actually keep him alive, so guess what he does?

He tells you what you want to hear, or lies to you, to remove himself from the ‘question pressure cooker’ that you created.

If you are guilty of coming in and dropping heavy questions out of nowhere on your man, then the only thing you are ever going to do with that behaviour, is have your man running and ducking for cover, from YOU!

You NEVER want your man to fear you in a relationship, because it means that he will become avoidant, will keep secrets, and will not be honest after that point.
What kinds of pressing questions am I talking about then? Well to give you some examples, here are some common Pressure Cooker Questions that women ask men in a relationship:

- “Do you think I am fat?”
- “Why won’t you ______” (Listen to me, love me, do what I asked etc…)
- “When will you marry me?”
- “Do you ever think about other women?” or:
- “Do you ever think about cheating on me?”
- “What don’t you like about me?”
- Etc.

Again all of these questions are designed to trap a guy, into some kind of random argument, or reality that you have already come up with on your end, before you even asked the question. That’s why it’s a loaded question, because you’ve come in with your pre-conceived notions of an answer that you’d actually like.

So after that it’s an almost ‘answer kill zone’ for the man, as he tries to figure out which step in your newly created mine field, will either blow him up, or will allow him to live, as he answers you after that.

Don’t ask a question, with the intention to test your men, or with a secret intention of pouncing on an answer he gives you. In fact, don’t ask any questions you don’t actually want the REAL answers to!

**Deadly Mistake #8: Becoming A Private Detective** - In your own relationship, none the less! Who knew that you had a second, full time job! Your man never would have guessed that, would he have?
Spying on your man, trying to figure out EVERY little tiny detail about what he does during his day, is beyond creepy, but it’s also a trust issue. It means that you don’t trust your man to do the right thing, if you are spying on him because you are jealous.

If you are spying on him for curiosity’s sake, it means that you equally don’t trust him, or have faith in him to share the details, information, or whatever else you are after, honestly on his own, and openly.

Either way, you don’t trust him, but this is crossing some serious boundaries. Forget who you THINK he’s talking to, or what you feel like you ABSOLUTELY need to know about your man. If it’s going to involve spying on him, and involves you going in indirectly to try and get information, in a way that actually violates his privacy... that’s wrong.

What happens when you get the information too? It’s not like you can keep that a secret. Guess what you will do with that information after? You’ll most likely use it against him, or will hold a secret grudge. Is that the kind of relationship you want, where secret warfare is going on, behind your man’s back?

Either trust him, or let him go, so that he isn’t stuck in under your mistrustful radar for the rest of his life, always having to be accountable to your insecurities. Get that fixed, or back away from men, if you can’t.

**Deadly Mistake #9: Becoming A Jealousy Queen**- This actually ties into the last deadly mistake, only it takes your insecurities to a whole new level. Jealousy can extend well beyond simply feeling fired up about the idea of your man being with another woman, or somebody else. Jealousy can extend into feeling envious of the other things your man has, or might have as well, from his success in his career, to his friends, and beyond.
Jealousy is a deadly relationship mix, because it means you are projecting your insecurities into the relationship. It creates an intense inferno of doubt, that punishes your man, for something that is actually YOUR problem to begin with.

**Deadly Mistake #10: Encroaching On His Space** - We all have a need for personal space. Sometimes we just need our space. Why do we need that space? So that we can rejuvenate, emotionally, and so that we can power back up. Relationships suck a lot of energy out of us, even when they are good, because they still require us to throw in a lot of energy, either way.

Men need you, therefore, to sometimes back off and just give them space, JUST because. Always feeling like you have to be around your man 24/7 kills your man’s ability to rejuvenate himself mentally and emotionally for you.

Ultimately, what happens when you encroach on your man’s space extensively, is he experiences, what is known as an emotional burn out.

An emotional burnout is basically a point where a man ends up feeling emotionally exhausted, because he never has any space to just unwind his own emotions or thoughts alone, because you are always breathing down his neck every step of the way.

**Deadly Mistake #11: Being The Ultimatum Dictator** - Your man better do what you said, or else! Whoa, everybody watch out, we have an Ultimatum Dictator on our hands here.

If this is you, in the relationship, you need to rethink your approach. Yes, men can be frustratingly annoying, to the point where you want to break down and melt into a puddle of broken glass on the floor, but trying to ‘dictate’ to your man, the changes that you want to see, does not work.
Men hate being told what to do. They will almost always defy that reality, which once again, means that you are butting heads with your man, and that both of you are fighting against each other. It should be a partnership, where both of you work with each other.

Trying to hand down ultimatums to your man, only means that you are fighting him, or are trying to force him to do something. Men don’t listen to that, because it’s an emotional reaction. They listen to logic, and reasoning, instead.

**Deadly Mistake #12: Creating The ‘Battle Ground’ Relationship**

What is a ‘battle ground’ relationship? Well it’s the kind of relationship where everything is a fight, a challenge, and a power struggle. You keep ‘scores’ against your man, and hold intense grudges against him, just to be able to use old things against him in new arguments, for leveraging power.

You argue more than you’d like to admit with your man, and you don’t back down easily from a fight, if anything you carry it on endlessly, until you can finally get your man to admit that **YOU** were right, and he was wrong.

Your relationship, should NOT be a battle ground, and if you keep it that way for prolonged periods of time, your man will want to bail. It’s as simple as that. He can’t stay around in a relationship where he feels like he has to convince you on every little aspect, and ultimately where he feels like he has to convince himself, AND you, as to why he’s even bothering to stay in the first place.

Your man wants a partnership, and wants to co-existing. He doesn’t want everything to be **YOU** VS. **HIM**, in the ring, just like a boxing match, every step of the way.
**Deadly Mistake #13: Trying To Become “Mama #2”** - Your man already has a mom. It doesn’t even matter if she’s a good mother, or a bad one.

The fact of the matter is this: he doesn’t need YOU to be his mom, and in fact, the idea of an intimate partner *mothering* him in a relationship, is the ultimate turn off to a man.

He doesn’t want to be smothered, and babied as if he were some kind of a child. He wants to be treated like a man, and like an equal. A man doesn’t need you to come in and kiss his boo-boo’s every step of the way, or to tuck him in at night, or to spoon feed him his dinner.

He needs you to support him in other ways, yes, but babying him, as if you are his mother, and getting overly ‘worried’ about his health and who knows what else, as if you were his second mom, almost, is NOT what men want.

It makes them resist all of the ‘good’ that you are trying to do, and causes irritation in your relationship, as your man tries to pull away from your mothering smothering ways.

**Deadly Mistake #14: Becoming A Human Door Mat** - There’s a level of being submissive around your man, and then there’s a whole other level of being simply a human door mat, in the relationship. This kind of behaviour kills ANY relationship potential, because it means that a man will ALWAYS take you for granted, and will use you to oblivion and back.

Letting a man walk all over you, and then trying to come back later and draw your boundaries AFTER the fact, is disastrous, because now you are trying to tell a man that he can’t have something, that he’s already gotten.
It means that this very same man pushes back harder, to cross even more of your boundaries, because you didn’t draw the proper boundaries for him to respect you in the first place.

Never become a human door mat, in the relationship, and never let a man walk all over you. Now this doesn’t mean that you have to fight a guy every step of the way either, but quite the contrary. You just have to be firm, and must draw clear boundaries, otherwise you become a door mat.

**Deadly Mistake #15: Needing Your Man, Instead Of Wanting Him**- Needing your man, means you are ALWAYS at his mercy, to fulfill your needs, wants, and desires. So he could choose to completely let you down, and where do you stand then?

You must WANT your man, therefore, but must not NEED him. Wanting him, means that you’d like for certain things to happen, but won’t emotionally DIE if they don’t. It means that you don’t basically depend on your man to be ALL, or END all for you, in your relationship.

A needy woman, almost always gets the short end of the stick, because neediness equates to **DESPERATION** in a man’s mind. This very same desperation tells a man to take you for granted, if you are extremely needy, because it means that you will always be chasing after him, no matter what he does, because again, it means you are desperate.

Wanting a man, therefore, does not mean you are desperate, because you don’t get too caught up on the idea of your man not being with you. You simply allow him to choose, and let him know that the right choice is with you, but you don’t force it with an intense level of needy desperation.

**Deadly Mistake #16: Playing The Trading Game**- This is a game that many women play, which basically involves doing something for your man,
and expecting therefore, something in return from him. So you love him, you are nice to him, and you treat him well... so now you expect him to do the same for you, or more in return.

Men do NOT work off of the “I did something for you, therefore you owe me in return” mentality. If you think that doing something for your man, is going to get you something in return, you are severely mistaken.

Men ONLY ever do something for a woman, if they feel motivated and justified internally, to WANT to do it in the first place. Simply doing something for them, without making them earn it, or work for it, from your end, means that they will never feel justified in wanting to return ANYTHING to you.

On their end it just looks like you giving things, because you wanted to. Obviously they won’t feel too obliged to return the favor, if that is how they see it.

This is why you ACTUALLY must only ever give to a man if you actually want to, because that’s basically all a man sees it as being. Trying to turn your actions into bargaining chips, and trying to ‘trade’ something that you do, in return for something that you want from him, will always be a disappointing reality; therefore.

**Deadly Mistake #17: Playing Mind Games**- This comes in the form of doing things like, twisting his words back on him, when you know that he CLEARLY didn’t intend or mean something, in the way that you are twisting it.

Another common example of a mind game, is that when you want something from your man, you are sweet as pie, but when he wants something from you, magically you are unwilling, and are even grumpy/angry at him for bothering to ask for something.
This also means, saying things that you know will entice him to want to respond a certain way, or testing him with certain things, to see his reaction.

All of these things really push a man’s buttons in all the wrong ways, and makes him feel like you ultimately are not serious about your relationship, or him.

Men obviously hate mind games, and they ESPECIALLY hate it when you twist things to mean something that he never intended, for the purpose or benefit of supporting an idea or strange reality that you want to entertain.

Mind games are a very toxic way, to go about trying to get something from your man, whether that’s information, a reaction, attention or more. Usually they involve you twisting some reality to ALWAYS work in your favor.

That’s a selfish, and even messed up way to go about conducting yourself in a relationship, where TWO people are involved. You cannot just disregard your man’s needs, wants, or desires completely, by just prioritizing yourself above him all of the time. That’s basically what mind games are about ultimately.

They are about trying to gain the power to constantly have the 1-up over your man, or to be able to prioritize yourself above him. Again, that’s not what a relationship is about. It’s shouldn’t be a “let’s see who can butt their head against the others’ the best” kind of a contest, all of the time.

**Deadly Mistake #18: Forming “Invisible Commitments”**- This is for those moments where you just comfortable ASSUME that your man has decided, agreed to, and accepted some kind of invisible commitment that
you place in the relationship, or on his conscience. This could include anything from, assuming that you and your man are actually together, and are exclusive, to assuming that your man will marry you in the next year etc...

Almost always, the man has NEVER actually agreed to this, or even remotely discussed it with you either. You just decided on your own that something would be true, and assumed that he automatically would follow along and agree.

A relationship takes two to tango. You can’t just decide for the BOTH of you, without ANY communication, as to what is going to happen, what is going to go on, and to what extent, without even remotely communicating any of that reality to your man.

Even if you just met the man, you can’t just come in with your assumption train, assuming that he will be with you, and as though you are already together, expecting him to fulfill all of the responsibilities of a committed relationship, before he’s even remotely hinted that he even wants to do that.

A man sees that, and thinks “what is this junk?”, as he finds himself struggling to explain your random assumptions and expectations that you didn’t even remotely include him in the discussion of, and just started unfairly projecting onto him, or assuming that he would do.

Guys are not puppets that you can just string along, randomly, without even so much as a courtesy letter to inform them of that fact, in the first place.
Deadly Mistake #19: Placing Unrealistic Expectations On A Man-
You want Prince Charming, but you feel like your guy is Prince Alarming. A lot of women grow up being conditioned to think, and believe that they should expect Prince Charming, and thus end up placing unrealistic, or heavily bizarre expectations on their men.

Expecting your man to ONLY be one way, or to only fulfill one reality is one of the most unfair realities you can place upon your man. It completely disallows any wiggle room for your man to actually think, grow, learn or anything else, because you completely cut past the learning stage, and want him to just be successful in your expectation immediately, from the get-go.

Real guys take time to learn how to treat you like a queen. They can’t just suddenly be “Prince Charming” out of nowhere. It takes work, and it’s a learning curve, which is why you actually have to be more FLEXIBLE, and must give your man some wiggle room in the first place.

Likewise, your man CANNOT be EVERYTHING for you. Don’t expect him to be your life, quite literally, because this is one kind of unrealistic expectation that women place on their man. They basically come in and not only expect, but even DEMAND, that their man is there for them, to support them in absolutely every aspect of their life, in every way.

Your man cannot be your life, nor can he live your life for you. That expectation completely crushes a man's ability to perform in a relationship, because it has him trying to be your own personal Superman, when he simply just cannot be that for you.

Remember that your man is not invincible. He gets weak, he feels pressure, he struggles, and he has a hard time, just like you do. Respect that, instead of always placing impossible demands, expectations, or worse on his conscience all the time.
**Deadly Mistake #20: Being A Nag Hag** - Does your man EVER do anything right, and is anything ever good enough for you? It’s hard to tell ever since you became a Nag Hag. What is a Nag Hag? Well, a Nag Hag is a woman who nags so much in a relationship, that she has become ugly and unattractive to her man, because she just always nags, criticizes, and complains.

This ties into the previous point of having unrealistic expectations, except that you don’t even allow your man, this time around, to even remotely fulfill ANY expectation, because you always come back complaining about whatever it is that he did, as if it was not good enough.

You MUST allow some room for praise, appreciation, and acceptance in your relationship, with what your man does. If you can’t do that, why are you with your man?

That’s the question your man will be asking himself over and over, as he tries to figure out if you simply just hate him, or if you actually want to be with him. No man will feel like you love him, if you are the ultimate Nag Hag every waking moment of the day, in your relationship.

Don’t be that woman, who constantly complains, criticizes, and denies everything about her man, and his part of the relationship. Remember that he’s there for a reason, and YOU chose him. Accept him then!

**Deadly Mistake #21: Letting A Man Take You For Granted** - If a man clearly he doesn’t appreciate, respect, or acknowledge the value that you bring to the table, he needs to be put in his place! Allowing a man to take you for granted over and over again, means that he will ultimately use you. It means that he doesn’t mind having you as the door mat, as long as he is comfortable.
Such men won’t feel a need to follow through on THEIR promises, and won’t care about fulfilling your needs, because you clearly allow the relationship to be ALL about them.

That’s a hefty mistake to make, so if you find your man taking you for granted, you have to pull away, and put your foot down. You must NEVER reward him for BAD behaviour, and taking you for granted is extremely bad, and toxic behaviour.

This means that when your man starts to do this, you must pull away, and must let him know why as well. Otherwise, you will always be that woman whom he doesn’t appreciate, respect, or accept the way that he should, on a fair level.

**Deadly Mistake #22: Becoming A Negative Attention Seeker**

Quite a few women do this, when they find that they are struggling to get their man’s attention in a positive way. So let’s say that you called up your man, like you usually do, in a positive way. But your man has decided that he wants to ignore your phone calls, or that he wants to avoid you.

What do you do then? Well you call him back like crazy, and leave him nasty voice mails, of course!

That’s what being a negative attention seeker is all about! When you don’t get your way through positive attention seeking, you either:

A) Create a scene,  
B) Create an argument, or  
C) Misbehave,

In order to try and get your way with your man. If he’s ignoring or avoiding you, however, the ONLY reason a man would ever even remotely give you any attention when you are throwing a temper tantrum, or when
you are creating a scene, is because he is simply trying to stop the problem.

Don’t confuse his sudden ‘attention’ span, being targeted in your direction, for the real deal here. He’s not paying attention to YOU. He’s paying attention to the huge negatively dramatic problem you’ve caused, and that’s the ONLY reason a man ever responds to negative drama.

He responds so that you can be quiet, and leave him alone again. That’s all he wanted. This is why it’s bad to seek negative attention when you don’t get your way with your man. It tells him that you like to cause unnecessary problems and unnecessary drama, in your relationship.

A lot of men will eventually emotionally leave you, when you keep this behaviour up, because it is completely taxing on a guy, and makes him lose respect for you. So don’t create a scene just because something didn’t go your way for a short period of time.

**Deadly Mistake #23: Trying To Force You Guy To ‘Feel-Spress’-**

What is ‘feel-spress’ exactly? Well, ‘feel-spress’ is when you try to force your guy to express his feelings to you, or to talk about his feelings all the time.

Men juts aren’t that good at expressing themselves through their feelings. If a guy expresses something, it’s usually through logic, which is why if a guy is feeling something, it’s usually a one word response, like “I am tired” or “I am hungry”. That’s about the extent to which you will get an explanation, even at the best of times, about your man’s feelings.

He’s not going to sit around talking about how his stomach is grumbling, how he feels exhausted, and how he just needs to eat a whole cow... just because he’s hungry.
If a man feels something, it’s expressed through logic. Logic dictates that he just states the facts, as they are, without a ton of extra details therein.

Remember that, when speaking to your man, so that you aren’t trying to turn him into one of your girlfriends, where you expect your man to sit around and talk about his feelings and how he feels all of the time, as if he was your ‘best friend forever’ gal pal. That’s not what he’s there for.

If you need to talk about feelings extensively, get a gal pal group for that.

Your man is not designed to handle that kind of a thing, and men hate it when you try to force them to explain the emotional details that simply aren’t even there in his head anyway, because again, men are logical thinkers, which means everything is straight to the point and is not very detailed.

**Deadly Mistake #24: Being A Pushover**-I get it, you’re a nice gal, and you mean well. But how far are you really going to avoid speaking your own mind, and standing up for yourself, in the relationship?

This is YOUR life too, and your relationship too! Being a pushover, means that your opinion never gets heard, never counts, and never even remotely gets expressed.

Being a pushover means that everyone else gets a say, a choice, and gets prioritized above your needs, wants, opinions, or desires. This is extremely bad to have this happen in a relationship, because it means that your man will decide EVERYTHING for you, all of the time. This leads to behaviour that causes a man to use, and even abuse you, because you never stand up for your side, of the mix.
It’s OK to have opinions, and to express them, and to have them MET as well, some of the time. Your man can’t be the only one whose opinions, ideas, wants, needs, desires, and more count.

Your side of the relationship counts too. Never turn yourself into this ‘I agree with everything you want and say’ kind of a pushover gal. Put your foot down for your needs and wants too.

Being a pushover, by the way, does not equate to you being a NICE girl, or a good catch in a guy’s mind. It in fact makes you look pathetically weak, and doesn’t make you appear to be attractive. It just makes you look as though you want to be taken advantage of, and guys will take you up on that challenge, if you present it to them in the first place.

So stand up for yourself, and speak your mind, when you ACTUALLY want to, even if you are afraid, because that is the difference between a guy who doesn’t care about what you have to say, because you want to be a pushover, and a guy who actually wants to listen, because you want to finally assert yourself.

**Deadly Mistake #25: Being A Grudge Hoarder**- Grudge Hoarders, are people who endlessly collect, and hold on to all kinds of grudges in their relationship, usually against their man. It means that you never let that one thing your man did 10 decades ago, go. You always accuse him of being up to no good, because of the fact that you are holding on to the grudge.

Now keep in mind that grudge holding, doesn’t mean that you are incapable of forgiving, it just means that you are incapable of moving on, or allowing a new reality to come into the mix.

Holding onto grudges in your relationship means that you don’t accept any
NEW changes that come, or happen AFTER the problem occurred. It means that you refuse to allow your man to be better, and do better, because you always hold him to a standard of something that he actually did some time back, but might not even be doing anymore.

A man feels like you are punishing him unfairly, when you hoard grudges and use them against a man in a relationship. If you are struggling to let something go, try working on that internally, instead of expecting your man to resolve those feelings for you, when he has already tried extremely hard to do that, but you won’t accept his attempts to fix things.

If you are unable to accept his attempts to help you, you must work on that yourself then, and must figure out what core need or value was compromised, that has made you hold onto your grudges so strongly.

You should also consider the possibility that you are using your grudges to get negative attention from your man, and if that is the case, remember not to use negative attention in your relationship, and to be more patient.

**The Conclusion:**

There are only 25 tips, here and now, however when you actively work on these in your life, you will see that your relationships with men are a lot more smoother.

You will notice that there are fewer problems that you will encounter in your relationships with men, and men will be more likely to follow through with most of your requests, once you do begin working on these areas in your relationship.

However, I should also point out that there are no perfect situations, and there are exceptions in every case, which means that if you have done
everything in your power, and have not made any of the above deadly mentioned mistakes, then the problem isn’t with what you are doing, but is rather with your man.

In such a case, it’s better to gently confront him on his behaviour, in an encouraging, yet appreciative manner. Appreciative means, that you recognize and praise him for his progress so far, so that he doesn’t feel like you are coming in and attacking him out of nowhere.

This also means that you can only discuss his behaviour, or actions, but should not go after him as a person, fundamentally speaking. You only want to gently encourage and nudge him to try and improve upon his actions and behaviours, and don’t actually want him to feel like you are coming after him out of the blue.

Doing this, will help to make your man feel secure in wanting to change, because you are coming at him with a positive angle, by offering him up praise for the good that he’s done already.

It is key to note that after this, you should let him know what you are looking for clearly, and should express the benefits of doing that to your man, from the perspective of what you want, and why, but also from the perspective of what he’d gain out of it if he does it, so that he gets the motivation necessary to want to change.

If it feels like something that both you and your man could benefit from, on your man’s end, then he is at least 10 times more likely to actually do what you are asking, because now it’s benefitting multiple people, including himself, and thus he will feel extremely validated in listening to your suggestions after that point.